

	<p style="text-align: center;">Health Select Committee 31st March 2009</p> <p style="text-align: center;">Report from the Director of Policy & Regeneration</p>
For Action	Wards Affected: ALL
<p>Intermediate Care Strategy</p>	

1.0 Summary

- 1.1 Brent Council and NHS Brent are currently planning a new integrated intermediate care service in Brent, which will provide a seamless health and social care service to keep people out of hospital and /or help people recover after a hospital stay.
- 1.2 NHS Brent has provided a paper at the request of the committee that explains the reason for developing a new integrated service, what the service will look like and the expected benefits for Brent residents.

2.0 Recommendations

- 2.1 Health Select Committee considers the update on the Intermediate Care Strategy provided by NHS Brent (see appendix 1) and questions officers from NHS Brent on its plans.

3.0 Detail

- 3.1 NHS Brent is planning a new intermediate care service for Brent. There has been a recognition that intermediate care services are provided in a disjointed way by health and social care and steps are being taken to address this.
- 3.2 The main initiative that will be developed with intermediate care service is the STARRS (short term assessment, rehabilitation and reablement services) concept. STARRS will introduce short term intensive intervention of health or social care services to enable people to reach their rehab potential before moving on to their ultimate care destination. There are two main points of entry for this service:

- Those at risk of acute hospital admission
- Those who are ready for discharge from hospital

3.3 The operation elements of this service include:

- A rapid response team to assess and stabilise the patient as an alternative to A&E attendance
- A short term service comprising of one or a combination of the following services:
 - Temporary beds (health step up and step down beds and social care beds)
 - Time bound reablement services (i.e. social home care with therapy management)
 - Time bound rehabilitation services
 - Acute home care

3.4 The intermediate care service will also contain a stroke rehab pathway, linked to the Healthcare for London stroke service reorganisation. The key elements of the new stroke service pathway are:

- The acute phase of the service will result in presentation at a hyper acute stroke unit for up to 72 hours of urgent medical care, followed by specialist acute care and rehab in a stroke unit.
- Implementation of a new early supported discharge service which will enable patients to receive intensive stroke rehabilitation at home.
- A seamless handover to the relevant provider for ongoing community rehabilitation, where required.

3.5 Further details on the intermediate care service are set out in the report provided by NHS Brent for the committee, appendix 1 to this paper. The Health Select Committee should consider the update and question officers from NHS Brent on its plans

4.0 Financial Implications

5.0 Legal Implications

6.0 Diversity Implications

7.0 Staffing/Accommodation Implications (if appropriate)

7.1 None

Background Papers

Appendix 1 – Intermediate Care Strategy – Paper from NHS Brent

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